



## **Sex and Relationships Education Policy**

### **Rationale**

At Ashmole the Sex and Relationships Education programme delivered has two main strands. Firstly it involves the knowledge of physical development and an understanding of aspects of sexual behaviour. Secondly it involves seeking to understand the broader emotional, moral and social implications of sexual attitudes and what the difference is between health and unhealthy relationships. Sex and Relationships Education will appear on our curriculum in a variety of ways:-

- i) through the Sex Education programme taught as part of the Tutorial programmes
- ii) through the Personal, Social and Health Education programmes
- iii) in a variety of curricular areas, especially Science and Religious Studies

### **Principles**

- To foster in students a feeling of self worth, and to develop their personal and social skills to better equip them to face up to and solve personal problems.
- To encourage responsible attitudes and behaviour in the students we teach.
- To provide pupils with an understanding of the biological elements of reproduction and contraception.
- To provide students with information, knowledge and facts on sexual matters, including HIV/Aids and sexually transmitted infections.
- To encourage an exploration of feelings, morality, right and wrong and emotions through small group or class discussion.
- To promote the value of stable relationships and family life.
- To allow students to identify the characteristics of healthy and unhealthy relationships and where to seek help and advice from reputable sources.
- To raise awareness of the risks of sexual exploitation online and provide tools on how to manage online risks safely.
- To support parents in their responsibility for the teaching of this sensitive area.

### **Guidelines**

- The sex and relationships education programme will take into account the personal, cultural and religious sensitivities of parents and pupils and seek to educate all.
- It will be made clear to parents that they may withdraw their son/daughter from "all or part of" the sex and relationships education provided. However, parents cannot withdraw their son/daughter from education about human reproduction or biology.

- A variety of professionals will be used, where appropriate, to help deliver the sex and relationships education programme to students.
- Wherever possible staff training will be given and tutors encouraged to deliver or help deliver the programme with the relevant professionals.
- The sex and relationships education programme will be appropriate to the emotional, physical and intellectual maturity of the students.
- Questions on a range of issues will inevitably arise in any subjects at any time. In this context questions should be answered honestly, sensitively and appropriate information given where available.

## **Conclusion**

Our sex and relationships education programme aims to address the needs of young people in attempting to manage their developing relationships and sexuality.

The programme has been developed within the context of the School's Aims.

Sex and Relationships: PHSE and Pastoral Curriculum							
	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Autumn Term 1	Friendships and respect		Managing peer pressure	E-safety and sexting			
Autumn Term 2	PHSE Health: Puberty & Changes	PHSE Relationships / HIV/AIDS	PHSE Collapsed Day: Sexual health and healthy relationships				
Spring Term 1		Managing conflict in relationships			Friendship and respect		Sexual Health Relationships and contraception
Spring Term 2					Managing conflict in relationships	Sexual Health & STIs	
Summer Term 1							
Summer Term 2							