

Excellence, Aspiration & Care

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Cecil Road, Southgate, London, N14 5RJ

12th June 2026

Dear Parent/Carer(s)

Re: Relationships and Sex Education 2026 - Consultation

We would like to seek your opinion about some suggested changes to the school's current Relationships and Sex Education (RSE) policy.

I have attached the proposed RSE policy with effect from September 2026. As you may know it is already a statutory requirement that schools provide Relationships and Sex Education to its' students (Education Act, 2002, Children and Social Work Act 2017). However, the government has issued statutory guidance on the specific curriculum students are taught; RSE and Health Education Statutory guidance 2026. The attached policy reflects the changes in the statutory guidance, which becomes mandatory from September 2026.

The key changes include:

- A programme of focus days over the year for students, including talks from external providers or workshops led by groups such as Lifesavers for London.
- An RSE focus on what respectful relationships look like and how to manage conflict respectfully.
- Developing knowledge and understanding of the changing body including information on menopause and fertility as well as women's health concerns such as Endometriosis.
- Raising awareness of new online safety concerns such as Artificial Intelligence.
- Content is to be taught throughout Key Stage 3 and 4 during structured lesson time. In Key Stage 5 the content will be taught during pastoral sessions during Lesson 1.

Please let us know any views or observations you may have on our proposed RSE policy. The consultation will **end at 9.00am on Friday 26th June 2026** and details of the consultation and the proposed RSE policy can be found on the website at www.ashmoleacademy.org.

Replies to the consultation can be sent by email to office@ashmoleacademy.org for the attention of Miss Cork.

Thank you for your help with this matter.

Yours faithfully



Miss N Cork

Head of PSHE and Pastoral Curriculum



WE HAVE
ACHIEVED

