

26th January 2026

Dear Parent/Carer(s)

Re: Year 10 Personal, Social, Health and Economic Education

At Ashmole Academy we are committed to student's personal development and as part of that we understand how important it is that our students are able to manage their own wellbeing, health and safety.

Therefore, I am writing to inform you of what we will be teaching in Personal, Social, Health and Economic Education in the second half of the Spring Term. Students in Year 10 will be beginning their Relationships and Sex Education with lessons starting the first week back after the half term break, commencing 23rd February 2026.

Through the delivery of these important lessons we are ensuring that we cover the statutory requirements from the government in this area of the curriculum. More information on this can be found here:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

Year 10 will follow the curriculum guidance as outlined by the government supported with research provided by the PSHE Association.

Students will be building on prior learning received in Years 7, 8 and 9 on managing relationships and will refocus on the importance of healthy relationships built on trust and consent. Students will be reminded about aspects relating to sexual intimacy focusing on important health information relating to the prevention of STI's and contraception as well realistic expectations of intimate relationships and how to counter unrealistic portrayals in the media and online safety. Students will also be taught about what constitutes a healthy pregnancy, parental responsibilities and the different options that are available when considering family planning.

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Students will also be recapping the importance of upholding the principles outlined in the Equality Act 2010 when exploring attitudes and different perspectives in society.

Please note the law has changed from 2020 in that parents are unable to withdraw their child from any aspect of Relationships Education or Health Education.

Parents will be able to withdraw their child, from any or all aspects of Sex Education, other than those which are part of the science curriculum, up to, and until three terms before the age of 16.

However, we would welcome the opportunity to discuss this decision with you in more detail so please do contact me directly by Monday 9th February 2026 if you wish to exercise the right to withdraw your child from these specific lessons on sex education.

Yours faithfully



Miss Cork

Head of Pastoral Curriculum and PSHE