

Excellence, Aspiration & Care

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Cecil Road, Southgate, London, N14 5RJ

21st January 2026

Dear Parent/Carer(s)

Re: Year 8 London Lifesavers Programme - 12th February 2026

As part of our commitment to our students' Personal Development, I am writing to inform you of an extremely valuable opportunity which we have been fortunate enough to arrange for our Year 8 students. On Thursday 12th February 2026, members of the London Ambulance Service will be delivering First Aid Sessions as part of their London Lifesavers programme.

During the course of the day your child will be part of a small group who will work with a trained professional to understand what a cardiac arrest is, how to recognise someone in cardiac arrest, how to perform CPR and how to use a defibrillator.

As the session will take place during one of their lessons, students should come prepared as normal for their full timetable for the day ensuring they have all necessary books and equipment; they will be advised in advance when they will be attending their allocated slot.

During the course of their session we expect students to uphold our school values, ensuring high levels of professionalism and cooperation when engaging with our visitors.

We hope that your child finds the experience informative and beneficial; increasing their awareness of basic lifesaving skills.

If you have any queries about the first aid sessions, or any other aspect of personal development, please do not hesitate to contact me.

Yours faithfully



Miss Cork
Head of PSHE and Pastoral Curriculum

