



**Ashmole  
Sixth Form**



A member of  
**Ashmole  
Trust**

Head Teacher: **Mr Balbinder Dhinsa**  
Chief Executive Officer: **Mr Tim Sullivan**

**Excellence, Aspiration & Care**

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Cecil Road, Southgate, London N14 5RJ

5<sup>th</sup> December 2025

Dear Parent/Carer(s)

**Re: Year 13 Wellness Walk**

The mock examination period for Year 13 students has been going well and I have been impressed at the Endeavour that so many of our students are displaying. As part of our ongoing commitment to supporting the physical and mental wellbeing of our students, we are pleased to offer a Wellness Walk for our Year 13 cohort.

The walk is designed to encourage healthy habits, provide a break from academic pressures, and offer students the opportunity to connect with their peers and staff in a relaxed and supportive environment. The Walk will be supervised by members of the Sixth Form and wider school team and will form part of our enrichment and wellbeing provision. We are pleased to offer our Year 13 students the opportunity to take part in a Wellbeing Walk into London on Thursday 18<sup>th</sup> December 2025.

Students will leave school at 12.25pm, following Lesson 4, and travel by underground to South Bank and Leicester Square Christmas Markets, where they will have the chance to enjoy the festive atmosphere and walk past some iconic landmarks. Year 13 students will be dismissed from Leicester Square around 4.00pm, at which point they may choose to spend time in central London with their peers, or make their own way home.

There is no entry fee for the markets, but students will need to pay for their own travel and any food or drinks they wish to purchase. Students should bring appropriate clothing for the weather and ensure they have sufficient funds for their journey and personal expenses.

Please complete the Google Form via the link below by Friday 12<sup>th</sup> December 2025.

<https://forms.gle/XVXrC65u3AvzdJW66>

Yours faithfully

Mr S Das  
**Senior Leader**



**WE HAVE  
ACHIEVED**

