

Deception is the name of the game -Topspin, Backspin, Side Spin, Drop Shots, Smash – which can you perform? Building on your knowledge and skills in racket sports from last year, you will have the opportunity to develop your tactical awareness and move your opponent from one end of the court to the other. Can you outwit your opponent?

Challenge: Olympic values vs Ashmole values. Research the differences and create a poster, presentation or article that compares the values.

Where am I allowed to be on court? What is my best position?
Learn through competition. Are you a better defender or attacker? Are you unstoppable as a GS or better in centre court? Play all of the positions in netball and football to further develop your understanding of invasion sports, building upon the skills and tactics learnt last year.

Check point
Practical assessment in the sports covered this term



Challenge: Ever wondered how Dina Asher-Smith became one of the world's fastest sprinters? How did Max Whitlock win triple Olympic gold? Create a fact file on your Olympic inspiration.



Know the Game!
Stop them scoring in Handball, dribble past your opponents in Basketball and learn to lay-up! Throughout this term you will be learning about different skills and tactics that will help to outwit your opponent in two of the most competitive invasion games. What does double dribble mean? Who is allowed in the semi circle for Handball? You will also be tested on the rules of these games.



Check point
Practical assessment in the sports covered this term

Am I faster? Can I jump higher? Can I throw further?
What were your personal best times and distances from last year? Have you improved on the track or in the field?

Anyone for Tennis?
Are you the next Emma Radicanu? How fast can you serve? How do you play a drop shot? Do you have a two handed or a one handed backhand? Perhaps you prefer cricket. Do you catch using an Australian or English technique? Are you better in the field, batting or bowling? Use feedback to become the complete allrounder.

Check point
Practical assessment in the sports covered this term

Challenge: Why was Misha Aloyan stripped off her silver medal at the 2016 Rio Olympics? What was so controversial about the new judging system in boxing? Write a short newspaper article detailing a scandal of your choice.



The Autumn line

The Spring line

The Summer line