

YR 9: PERSONAL, SOCIAL, HEALTH ECONOMIC EDUCATION

	Topic	Key Learning
Autumn Term	ONLINE SAFETY	The first unit covers some important online safety issues for Year 9, firstly examining the different parts of the internet, the deep and dark web and the dangers associated with it but also how it can be used to defend human rights in some parts of the world. There is a lesson on screen time and the known effects of excessive screen time and how this may affect or ability to learn effectively and the impact it may have on our relationships. One lesson is on sexting (and the recent legal changes) and the impact it can have on relationships and mental health. The next lesson focuses on the sexualisation of the media and how women and men have become more objectified and the effects this has on stereotypes and body image / mental health. Pornography including revenge porn and the effect this may have on individuals, relationships and mental health is the final key focus of this unit.
	RELATIONSHIPS	This unit starts with a focus on abusive relationships – what constitutes abuse, how to recognise it and what to do to stop it. The next lesson focussed on sexual harassment and stalking, again examining the definitions and ensuring students are aware of the impact they can have. The unit moves on to the diversity of relationship covering same sex relationships, and the LGBTQ community, the diversity within the community but also the challenges they face from homophobic abuse. There is further analysis of trans identities, homophobia and bigotry / sexism. Where appropriate lessons are underpinned by references to the Equalities Act 2010.
Spring Term	FAMILIES	With close links with the Relationships unit, Year 9 start this unit with further sensitive lessons on FGM, and honour-based violence and forced and arranged marriages. This is an extremely important set of lessons that ensure that students are aware of how these issues are prevalent in our contemporary UK society and the reasons behind them. Notably there is a focus on where to go and actions if they arise. There is also a lesson on extremism and how some young people can be drawn into extremist ideology and belief systems not just through Family member but through wider social institutions. These lessons in part focus on the PREVENT strategy. (Students will also have 1-2 lessons on Unifrog and how it can support them in their upcoming GCSE option choices).
	HEALTH AND SAFEGUARDING	This unit focuses on drugs: awareness of the various types of drugs including classification, the dangers they present, the law surrounding them. Students have a lesson on Prescription drugs and the C classification and the increasing danger associated with such drugs that are deemed by many to be 'less harmful'. There is a lesson on County lines and gang culture and how some young people are drawn into these activities and the impact it can have on their own lives and that of their families. There is further lesson here on mental wellbeing with an emphasis on depression, anxiety and stress.
Summer Term	SEX AND RELATIONSHIP EDUCATION	This unit focuses on sexual consent and the wider laws applicable to sex and relationships with specific reference to Equalities Act. Students explore the pressures relating to sex and how to manage them. Students examine the various contraception methods as well as sexually transmitted diseases. In addition, students revisit their learning of the LGBT community with a specific focus on transgender. As well as this there is a lesson on stalking, harassment and the associated laws. Students also have a lesson on domestic conflict, how to identify various forms of abuse and how best to manage them.
	CITIZENSHIP AND ECONOMIC	Students' final topic is focussed mainly on keeping them safe and as part of this we revisit the dangers of crime in particular gang culture and county lines. There is also a focus on the dangers of alcohol, tobacco and vaping. Students also spend 2 lessons exploring in developed detail the dangers of recreational drugs across the classifications. Students will be reminded about the importance of Unifrog and ensuring they are continuing to explore their futures. Finally there is a lesson focussing on safeguarding and managing mental and physical health over the summer.