

YEAR 8: PERSONAL, SOCIAL, HEALTH ECONOMIC EDUCATION

	Topic	Key Learning
Autumn Term	ONLINE SAFETY	This first unit covers some more developed areas of online safety, starting with the idea of fake news and learning how to become critical consumers of the media. We examine how our digital footprint can threaten our privacy and how to manage our footprint whilst using the internet. We also explore the different types of grooming and how young people can fall victim to grooming and where to go for help. Following this is 'Pressure' and in particular the way in which we may be influenced by media and our peers to look and behave in certain ways. The unit concludes with an important exploration of the difference between banter and bullying and importance of knowing the impact these behaviours can have. Again one key focus throughout is for students to know where to go for help and support.
	RELATIONSHIPS	This unit starts with a detailed examination of the concept of equality and in particular the Equality Act 2010. Students relate this to British Values and SMSC. Students then follow a series of lessons on stereotypes and the importance of challenging these stereotypes in order for society to be tolerant of diversity and to celebrate this. These lessons are on disability, race, religion and young people. The unit continues to teach students awareness about child abuse - the different types, the effects on victims, what to look out for and where to go for help.
Spring Term	FAMILIES	This unit explores the diversity of relationships within families. The unit starts with looking at the institution of marriage and how this has changed over time - legally, socially and culturally. Year 8 examine the challenges and joys of parenting, the different styles and the importance of parenting. One lesson focuses on domestic conflict within families and running away from home – the effects and harms. Following on from this there is a lesson on the diversity of families around the world, the changing shape of families culturally, socially and from a religious perspective. Finally, there is a focus on mental health and the impact that can have within families. This serves as an introduction to some of the most common mental health issues amongst young people and their effect.
	Careers / Independent Advice and Guidance:	Towards the end of Term 2.1 Year 8 students will have three lessons on their independent advice and guidance covering: <ul style="list-style-type: none"> • Job based literacy and the various pathways ahead • Assessing these pathways and how they may suit different individuals • Unifrog – this is the complete destinations and personal development platform that all Ashmole students have access to. This is designed to get students to think about the pathways and choices ahead and how their choices at GCSE can affect their future career pathways
	HEALTH AND SAFEGUARDING	This unit in the spring focuses more on health issues – starting off with two lessons on drugs (recreational and pharmaceutical), their impact on health and associated dangers. It also covers the dangerous activity of 'County lines' and how young people can fall victim to such criminal activity and the associated dangers. One lesson focuses on knife crime solely – the effects of carrying knives and the attached emotions of knife crime – from victims and perpetrators. Within this unit, there are 4 lessons on mental health – what can be done to dispel myths over mental health, analysis of case studies of mental health and prevention and management methods. The final lesson is on resilience: saying 'no' – not giving in to peer pressure, the associated emotions that we feel when under pressure and not being afraid of resisting unsafe behaviours.
Summer Term	SEX AND RELATIONSHIP EDUCATION	The SRE unit starts with managing sexual pressure, how to deal with the pressure associated with sexual choices. Ensuring that students know the law surround sex – age of consent and reasons for it. Students will learn about the physical, emotional, psychological effects of sexual choices and how best to deal with them, stressing the importance of making decisions that are best for the individual. A key lesson within this unit is where to go for help, what kind of help may someone need, how best to deal with problems that may arise and the services that are on hand to help with all difficulties and challenges that are of a sexual and relationships nature. Any emphasis on Relationships within this unit is underpinned with reference to the Equalities Act.
	CITIZENSHIP AND ECONOMIC	The final unit in Year 8 focuses on human rights starting with religious diversity and human rights. How this is linked to the society we live in and our own British Values and that of our school community. Secondly, we look at resolving conflict between groups, the nature of conflict and the best way to deal with conflict between groups with different values, reiterating the law of the UK and Equality Act 2010. We complete the year by refocussing on health and safeguarding – helping us to keep ourselves mentally and physically fit and healthy over the summer period.

