

YR 7: PERSONAL, SOCIAL, HEALTH, ECONOMIC EDUCATION

	Topic	Key Learning
Autumn Term	ONLINE SAFETY	Students in Year 7 will be covering the more fundamental aspects of online safety including responsible use of mobile phones, the impact of new media on our lives, keeping them safe online including privacy and being aware of their digital footprint and how the law works to protect users of the internet. Throughout all these lessons are reminders about the age restrictions on common social media platforms including WhatsApp and YouTube to ensure that students are aware of the law and how it is there for their own protection.
	RELATIONSHIPS	This unit covers what make a good friendship, how to manage conflict within friendship groups and relationships generally. It offers different techniques to resolving conflict with respect and tolerance being at the heart of the message. One lesson is on bullying, the different types, the reasons why some people bully and the effect of bullying as well as where to go for help. Another lesson focuses on the diversity of relationships and covers different sexualities in society and the relationships that may arise from these feelings. The last lesson teaches students how to keep safe and respectful; students discuss various scenarios and how to manage the challenges that may arise in different relationships.
Spring Term	FAMILIES	This unit focuses on the diversity of families, the relationships within families across society and the different forms of love within families. One lesson looks at marriage and what it means but also the alternatives to the more traditional marriage institution building on previous knowledge of LGBT relationships and how the law has recently changed in line with Equality Act.
	HEALTH AND SAFEGUARDING	This unit starts with two lessons on Resilience – teaching students about what resilience means and how to build it. The second lesson of this unit focuses on positive mind-sets and the impact of having a positive and growth mind-set approach to life. There is focus on mental health and what is meant by anxiety, stress and depression; how to maintain a healthy lifestyle, in particular a healthy diet, exercise and personal hygiene and the importance of quality sleep (and how media impacts this especially). Another lesson is on immunisation and vaccination and finally the dangers of smoking, tobacco and alcohol.
Summer Term	SEX AND RELATIONSHIP EDUCATION	This unit teaches about the physical and mental changes that will be happening in adolescent bodies, puberty and the effects of puberty. Lesson one starts with how the body changes physically for both males and females; the second is focussed on the challenges that may be presented through puberty and thirdly on how best to manage these challenges. The unit then covers sexual feelings and revisits the different sexualities and how these may be shown. Finally, the focus is on the LGBT community and the challenges that are faced by young LGBT members – culturally, socially, politically and within everyday life of school and within the wider community and how best to deal with such challenges whether a member of the LGBTQ community or not.
	CITIZENSHIP AND ECONOMIC	The last unit is more Citizenship based – starting with a recap on the British Values and what they mean to us in everyday life. This then is linked to human rights around the world and on a more local / national level and a focus on what it means to be a good citizen, rights and responsibilities and being an informed positive member of society. The last sequence of lessons is focussed on careers and pathways. Students will be introduced to the Unifrog platform that will be a key supporting tool throughout their time at Ashmole. Lessons will focus on setting SMART targets, how students can use the platform, key competencies and skills and how to build them in and outside of school.